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| | KLEEDKAMER 7 | | | KLEEDKAMER 8 | |
| Maandag | 17.45 - 19.00 | Mini's | | 17.45 - 19.00 | JO10 |
| | 19.00 - 20.00 | JO15-4 | | | |
| | | | | | |
| Dinsdag | 18.30 - 20.00 | JO15-1 | | 17.45 - 19.00 | JO11 |
| | | | | 19.30 - 21.15 | Za 7 |
| Woensdag | 19.00 - 20.00 | JO15-4 | | | |
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| | | | | | |
| Donderdag | 17.45 - 19.00 | Mini's | | 17.45 - 19.00 | JO10/11 |
| | 19.00 - 20.00 | JO15-1 | | 20.00 - 21.15 | Recr |
| | | | | | |
| Vrijdag | | | | 19.30 - 21.15 | Za 7 |
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| | KLEEDKAMER 9 | | | KLEEDKAMER 10 | |
| Maandag | 19.00 - 21.15 | Vr 1 | | 20.00 - 21.15 | Za 10 |
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| Dinsdag | 20.15 - 21.15 | Dames | | 17.45 - 19.00 | JO13-3 |
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| | | | | | |
| Woensdag | 19.30 - 21.15 | Vr 1 | | 20.00 - 21.15 | Za 10 |
| | | | | | |
| | | | | | |
| Donderdag | 19.00 - 20.00 | Za 4 | | 17.45 - 19.00 | JO13-3 |
| | | | | 20.00 - 21.15 | Recr |
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| Vrijdag | | | | | |
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| | KLEEDKAMER 11 | | | KLEEDKAMER 12 | |
| Maandag | 17.45 - 19.00 | JO8-9 | | 17.45 - 19.00 | JO11-12 |
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| | | | | | |
| Dinsdag | 18.30 - 20.00 | JO15-2 | | 19.00 - 20.00 | JO19-2 |
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| Woensdag | | | | | |
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| | | | | | |
| Donderdag | 18.30 - 20.00 | JO15-2 | | 17.45 - 19.00 | JO11-12 |
| | 20.00 - 21.15 | Recr | | 20.00 - 21.15 | Recr |
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| Vrijdag | | | | | |